

EVERY MOMENT THAT YOU'RE ALIVE IS A BLESSING. DON'T WASTE IT.



Open weekdays 7am–10pm*

Breakfast: 7:00am–11:00am

Lunch: 11:30am–2:30pm

Happy Hour: 4:00pm–9:00pm

**On Mondays we only serve a limited breakfast*

Open weekends 9am–10pm

Brunch: 9:00am–2:30pm

Evening Sharing Plates: 4:00pm–9:00p

Food by:



farming hope

DAY TIME MENU

Available every day 9am–2:30pm. Only Limited breakfast served on Mondays.

YOGURT Greek yogurt with turmeric granola, date molasses, seasonal fruit **\$6**

FRITTATA Warm seasonal egg frittata served with toast **\$7**

ALMOND TOAST Multigrain toast with almond butter, date molasses and banana slices **\$6**

MANNY'S TOAST Multigrain toast topped with chickpeas stewed in red sauce, crumbled feta and za'atar **\$8**

SHAKSHUKA Two poached eggs in a tomato and bell pepper stew served with feta, herbs and toasted bread **\$12** Add soft poached egg **\$2**

FARMING HOPE SOUP OF THE DAY A reflection of the local bounty **\$6**

IMPERFECT BOWL Roasted seasonal imperfect veggies, lentil quinoa blend, green goddess, pickled onions **\$6**

CAULIFLOWER SALAD Harissa roasted and turmeric pickled cauliflower, tarragon green goddess, tomato, cucumber, pickled onions and pepitas over lentil quinoa blend *Available as a wrap with hummus on lavash* **\$11**

GRILLED HALLOUMI SALAD Grilled halloumi, lemon-sumac vinaigrette, walnuts, tomato and cucumber over lentil quinoa blend *Available as a wrap with hummus on lavash* **\$12**

Add soft poached egg **\$2**

EVENING SHARING PLATES

Available T–Sat 4:00pm–9:00pm

SPREAD AND CRUDITÉ Choice of hummus, baba ganoush or **seasonal dip** with vegetables and pita **\$6**

MARINATED OLIVES Warm, marinated olives with feta crumbles, olive oil and pita **\$6**

HALLOUMI & FRUIT Grilled halloumi with fruit, pomegranate molasses, fresh herbs and pita **\$10**

MEZE PLATTER Hummus, baba ganoush, seasonal dip, crudité and warm pita **\$12**

STUFFED EGGPLANT Roast eggplant with basmati walnut stuffing, cucumber herb salad, tahini sauce **\$12**

LAVASH FLATBREAD Crispy lavash with feta, cherry tomato, harissa, and za'atar **\$8**

Extra pita **\$2**

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DRINKS

COFFEE & TEA 8oz/12oz

Drip Coffee **\$1.75/\$2.75**
Tea **\$2.50/\$2.50**
Latte **\$3.50**
Mocha **\$3.65**
Americano **\$3.00**
Cappuccino **\$3.25**
Espresso **\$3.00**
Iced Coffee **\$3.00**
Iced Latte **\$3.50**
Iced Mocha **\$3.65**

SPARKLING WATER **\$3.25**

SPARKLING COCKTAILS

Aperol Spritz **\$9**
Bellini **\$8**
Ruby **\$8**
Mimosa **\$8**
Sparkling Wine **\$8**
Pitchers Available \$36

WINE

Stemmari Pinot Grigio **\$8**
Chloe Rosé **\$8**
Pinot Noir **\$8**
Simi Alexander Valley Cabernet Sauvignon **\$8**

BEER & CIDER

Tecate **\$2**
Stella Artois **\$6**
Magnolia Kolsch **\$6**
Manny's Pale Ale **\$6**
Firestone Union Jack IPA **\$6**
Standard Deviant Hazy IPA **\$8**
Bare Bottle Revolving Tap **\$8**
Laughing Monk Lager **\$8**
Two Rivers Pear Cider **\$6**

ABOUT MANNY'S

Manny's is a civic social gathering space that combines a cafe, bar and restaurant with a political bookshop and a civic event space. This is a place to go to become a better-informed and more involved citizen.

For centuries certain cafes, bars, and restaurants were also places for civic engagement, social justice, and activism; places to consume, react to and create the news. Over 1,000 people came together in the wake of the 2016 election to build a new iteration of this kind of space right here.

We have nightly civic programming which you can find on the website www.welcometomannys.com. I hope you that you will feel at home here and find something that will spark your civic fire.

Welcome to Manny's!

ASPIRATIONS FOR THIS SPACE

1. To connect in the real world
2. To listen to each other
3. To talk to strangers
4. To disagree respectfully
5. To ask questions
6. To educate yourself
7. To find a cause to champion
8. To be kind to each other
9. To actually come together
10. To dance in the bathroom